



# How to talk to your child's school

Talk to the school to get support for your child.



No one knows your child better than you do. By talking to the school, you can help the school understand your child better so they can give them the help they need. Watch this video for tips on how to talk to your child's school and to find out about the different people available at school to support your child. Remember: it's okay to talk to the school.

Learn how you can help your child succeed and read more about who you can talk to at your child's school.

[Music]

Narrator: When it comes to your child, no one knows them better than you do. That's why talking to the school can help them to understand your child better. They can then work together with you and your teen on a plan that best suits your situation. Reaching out and talking to the school is not always an easy thing to do. Before you get in touch, it's good to note down what you want to discuss. Be open and honest about your teen and their situation at home. Think about their goals, what they can achieve and even the challenges you know they are facing. It's often best to start with teachers, but there are many other people that can help you at school. From Guidance Officers, to year level coordinators, to heads of departments and even the principal and their deputies. If you're not sure who to talk to simply get in touch with the school office. You can call or email and they will connect you with the best person to help. Talking about your teen's happiness and success can be difficult, but there are always ways the school can help. Remember, it's okay to talk to the school. They need you to reach out then you can work together to help make school and learning work for

your child.

Discover more on the Spark Their Future website.

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