



# Making a difference

There are things you can do as a parent to support your teen to achieve success in education and life.



Your support can make all the difference to your child if they are struggling at school. Teens have a lot going on with study, friendships, and home life, along with the many changes going on in their brain. You are not alone. Find out what you can do to support them to get the help they need.

Learn about what's going on in your teen's brain and read these tips for talking to your teenager.

[Music]

Narrator: There is nothing more heart-breaking than seeing your child go through a hard time and knowing it could and should be different. Especially when it has an impact on their schooling or education. But as parents, what can we do to make a difference? Remember, you are not alone. There are many ways your school can help provide support or options to help you and your child achieve success with their education and life.

Discover more on the Spark their Future website.

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